

State Representative Sheri Jesiel and One Light Self-Defense

present a special class for women/girls on
**Self-Defense, Distraction
and Awareness Tactics**

**TUESDAY,
AUGUST 9**

5:30-8:30 P.M.

Warren Township Center
17801 W Washington St.
Gurnee, Illinois



**LEARN AVOIDANCE TACTICS, SELF-DEFENSE MISCONCEPTIONS,
OFFENSIVE TECHNIQUES AND DEFENSIVE ESCAPES.**

FREE CLASS A donation to One Light Self Defense is appreciated.
100% of donations go to victims of domestic violence, human
trafficking, or sexual assault.

For more info or to RSVP, call (847) 395-8000 or e-mail
jesiel@ilhousegop.org.

