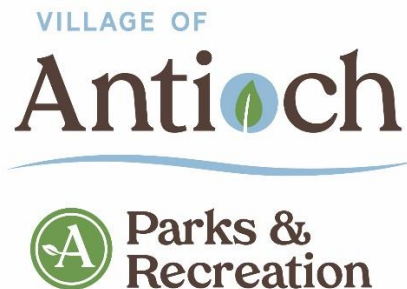


Camp Sunshine/Camp Adventure Parent Manual

2023

Mission Statement

To enhance the quality of life by providing parks, open space and recreational opportunities for the Antioch Village residents, while preserving and enhancing the natural benefits of the environment.



Parks and Recreation Department

Antioch Summer Day Camp

Camp is to provide a safe and enjoyable atmosphere and a chance to allow children to gain new experiences. Camp will offer both structured and unstructured activities each day. Summer Camp is the place for your child to be outside, stay active, learn new skills, and make new friends this summer! Whether your child is a returning camper or attending camp for the first time, the Antioch Summer Day Camp offers campers a fun and memorable summer camp experience. Antioch Summer Day Camp and facilities are not regulated by DCFS, we do follow their guidelines.

Camper needs every day at camp.

- Zipper backpack
- A beach towel
- swimsuit
- gym shoes (no flipflops or sandals)
- A refillable water bottle
- morning and afternoon snack
- lunch
- SPF 30 or higher** sunscreen (We recommend a face stick and lotion/spray for the body)
- Bug spray

Staff and Contact Information

Mary Quilty- Director of Parks and Recreation mquilty@antioch.il.gov

Grace Ford- Day Camp Manager summerdaycamp@antioch.il.gov

Lexi Nuxoll- Director – Camp Sunshine
Sara Jilly – Antioch Adventure Camp
Joey Cabuyadao – Antioch Adventure Camp

Parks Phone Number: 847-395-2160

Directly Message Through the **Band App**

Counselors-

We have roughly 50 counselors between Camp Adventure and Camp Sunshine. The counselors' ages range from 16 - 23 years old. All staff members are CPR, First Aid, and Epi-Pen trained. We take pride in hiring mature, focused, and responsible adults who have a passion for working with children of all ages. It is our fantastic staff that keeps families coming back each year.

Times and Locations

Camp Sunshine	8:30am-4:00pm, 770 Cunningham Dr.
Camp Adventure	8:30am-4:00pm, 806 Holbek Dr.
Early Bird	6:30-8:30am, 806 Holbek Dr.
Extended Day	4:00-6:00pm, 806 Holbek Dr. (Adventure) 4:00-6:00pm, 770 Cunningham Dr. (Sunshine)

Registration

Sign up for what you need, but you must register for a minimum of two days a week. **Registration closes the Monday, one week before the start of the week you are registering for. If you need to register after the cut off day, there is a \$25 late registration fee.**

Registration can be done online or in person. We do NOT register over the phone or take payments over phone.

Once registration has been processed, no changes/swapping days, can be made to that registration.

Payment for each weekly session is due at the time of registration.

Forms

No camper will be accepted into camp without all forms completed and turned in. Forms can be found online at www.antioch.il.gov or on the band app

Below is the list of forms needed:

- Camper Information Form
- Camper Discipline form
- Medical Consent (only if your child requires to carry medicine, epi-pen or inhaler)

Arrival and Departure

Parents must sign their child in and out each day. The counselors will have a clipboard for you to sign in and out. If you use early bird or extended day, your camper will be walked to their respective camp. Only persons listed on the camper information sheet will be allowed to sign out, please bring ID when signing out.

Late pick up- if you are late and your child is sent to Extended Day, you will be charged \$15 for that day.

Behavior

Children are entitled to a pleasant and harmonious environment at camp and setting guidelines for good behavior are a part of the system we must follow. The camp director will speak to you personally if there is an issue with your child. Please help your child understand that bad behavior will not be tolerated. If this behavior persists it will result in a write up.

Write Ups

First Write Up- Guardian will be called and the write up will need to be signed at pick up. A copy will be given.

Second Write Up- Guardian will be called and the write up will need to be signed at pick up. A copy will be given. The camper will not be allowed to camp their following day. A refund will not be given for this day.

Third Write Up- Guardian will be called and the write up will need to be signed at pick up. A copy will be given. The camper will not be allowed to come back to camp. No refunds will be issued.

Day Camp Swim lessons

Kids attending day camp can register to take swimming lessons from the Antioch Aqua Center. You must register for the 8:20 am time slot. Day camp swim lesson registration starts April 1 at 9:00 am. Parents will drop children at swim lessons and day camp staff will pick them up and bring them to their camp.

Typical Day schedule

8:30-9:00 a.m. Parks Building/ Scout House for drop off

9:00-9:15 Walking to a local park (Parks vary each day)

9:15-10:45 Group time at the various parks, snack (applying sunscreen)

10:45- 11:00 am. Walking to Antioch Aqua Center

11:00 am- 12:30 pm Swim time at Antioch Aqua Center

12:30-1:30 pm Eating lunch under the pavilion next to the Antioch Aqua Center or, if raining, eating lunch at Parks Building/Scout House (applying sunscreen)

1:30 pm Walking to another park for new activity

2:00-3:15 Group time at park

3:15-3:30 Walking back to Parks Building/Scout House

3:30-4:00 Parks Building/ Scout House for pick up

Swim Test

All campers are swim tested either before or on their first day of camp. The swim test consists of the camper jumping into the pool, around 3 feet of water, and swimming for about 20 feet or so without touching the bottom. They are then assigned a wristband color (green, blue, yellow, or orange) based off their performance during the swim test and where they can swim in the pool area.

Day camp swims at the pool every day from 11:00 am- 12:30 pm.

Cookout and Pizza Days

These days are completely optional for campers. Every Friday staff will grill out hamburgers/hotdogs and alternating days Domino's Pizza is available (please check camp calendar for those days). Your camper can get lunch for \$4 on these days. Cook out includes hamburger or two hotdogs and a bag of chips. Pizza day includes 2-4 slices of pizza. They will need to bring drinks and dessert.

Field Trips

Day camp will take by bus 5 field trips during the summer. See calendar for dates and locations. Campers should wear their camp shirt. The buses leave the Parks building by 9:30am on field trip days. Please do NOT send money with your child, we do not allow them to make purchases on trips. Send everything in their backpack you would on a typical day camp day. The buses generally return to the Parks Building by 3:30pm.

Have a great summer!