

# **PRESS RELEASE**

## **Special Events, Antioch Parks and Recreation**

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### **FOR MORE INFORMATION, CONTACT:**

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### **FOR IMMEDIATE RELEASE**

#### **4TH ANTIOCH ADVENTURE RACE TO KICK OFF FALL FEST**

The Village of Antioch along with NorthBridge Church will be holding the 4th Annual Antioch Adventure Race to kick off Fall Fest on Saturday, October 8. The adventure race kicks off a day of games, music and fun in Antioch. The cost is \$10.00 per team and each team must have a minimum of 2 people. There will be two divisions, the Pro division (all members ages 16+) and the Family division (1 member 15 and under). Cash prizes will be awarded to the top 3 teams in each division. Pre-registration is encouraged!

All participants are asked to join us at the bandshell at 9:00 a.m. on October 8th for check-in and a 9:30 rules briefing. The race starts at 10:00 a.m. and each team will compete against the clock to complete as many challenges as possible in the allotted time frame. Challenges will be in various locations around town and differ at each location. Challenges will be mental, physical or both. Previous challenges have included Frisbee golf, field goal kicking, balance challenge, blow gun challenge, digestive challenge, water transfer and trivia questions. Once the allotted time is up all groups will return to the bandshell where each group's total points will be totaled to determine the top three teams.

The final 3 teams in each division will compete in final event held around the bandshell area to determine the 2011 Antioch Adventure Race Champions. If you are interested in participating please

call the Antioch Parks and Recreation Department Special Events Line at 847-395-4032 or call Northbridge Church at 847-838-0800. There are a limited number of teams so this event will be a first-come first-serve basis.